

MODERN FAMILY CHIROPRACTIC

"The Modern Approach to Family Wellness"
www.ModernFamilyChiropractic.com



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Mon & Wed 9-1, 3-7
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Other times by appointment
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HEALTH AND WELLNESS SERVICES

Modern Family Chiropractic is a dynamic wellness practice located in downtown Foxborough. In addition to spinal care and extremity adjustments, we provide health education, nutrition, muscle triggerpoint therapy, and that extra time you need with the doctor to discuss your health problems and your health solutions. We have our own x-ray facilities in-house in addition to our many diagnostic tools, techniques, and resources. More than half our patients are seen for issues other than neck and back complaints. Since the nervous system is the wiring network for body communication, any miscommunication or injury to that network could cause pain, symptoms, and eventually disease. Poor communication in a family or business could be costly, but poor nerve communication in the human body could be deadly! When the brain and body are communicating better, the healing can begin. Call for a **FREE CONSULT** to learn how chiropractic care may help you reach your health and wellness potential.

MISSION STATEMENT

The doctors and staff at Modern Family Chiropractic consider each patient that visits our office as a member of our family. The patient's health education and their healthcare needs are our priority at each office visit. Patients will be informed to the nature of the problem, the technique treatment, the effects and durations, as well as the costs for care. Answering patient questions and informed consent for care will be established prior to proceeding. We will not compromise our patient examinations, our documentation, our management plan, or our payment policies by taking shortcuts. We show the same concern to each patient regardless of their payment method or ability to pay. Our concern about our patient's health and thoroughness of care is what we feel will help the patient progress on their journey towards wellness.

THE STAFF AT MODERN FAMILY CHIROPRACTIC

Dr. Kelley Taylor-Bentz graduated from Palmer College of Chiropractic. Her family is originally from Lakeville, MA. She has a sister and two brothers-in-law who are also chiropractors in Michigan and Massachusetts. She is skilled in a variety of techniques many of which are low force. She practices "Palmer package" and is certified in many other techniques, including Myofascial release, Diversified, Thompson (drops), Activator, Natural Healing, and Total Body Modification (TBM). She was a certified aerobic instructor for over 10 years and a personal trainer for 5 years. She managed and instructed at an all-women's fitness center and was the physical therapy/occupational therapy assistant at the Handicap Development Center before attending Palmer College.

Dr. Daniel Bentz graduated from Palmer College of Chiropractic. He is skilled in a variety of techniques many of which include "Palmer package", Diversified, Thompson (drops), SOT, Lumbar Flexion/Distracton, Myofascial release, Activator, and Total Body Modification. His family is originally from Decatur, IN and he has worked in factories, restaurants, and construction jobs prior to entering chiropractic school. He is very adept in the service industry and can be an asset in retraining workers to perform their jobs using better biomechanics to reduce risk of injury.

Brian Bentz, the massage therapist and Dr. Dan's brother, provides extensive muscle therapy in longer sessions to patients who need deep tissue work or would prefer a relaxing massage. One does not need to be a chiropractic patient to receive a massage, but chiropractic care with a massage would be more rewarding.

Marsha Taylor and Melissa Murray, the office managers, assist patients with billing, scheduling, and work as a liaison between the doctor and the patient to maintain a more healing environment.

We are proud members of the Massachusetts Chiropractic Society, Tri-Town Chamber of Commerce, Business Network International (BNI) Hockomock Chapter & Referral Connection Chapter, Palmer Alumni, and International Chiropractic Association.

History of Chiropractic

Chiropractic became a formalized form of treatment over one hundred years ago when Daniel Palmer opened a school to teach a philosophy and technique about correcting spinal misalignments to improve nerve communication. Through years of research, evolution, and specificity to adjusting techniques, a profession with a history of success was established. Doctors of Chiropractic adjust patients to restore proper nerve communication and help patients heal from many forms of injuries and illnesses.

How a Chiropractor Compares to a Medical Doctor

Both Chiropractors and Medical Doctors spend thousands of hours of study to learn about life and disease processes. How they apply their healing art to the patient is different. A chiropractor is educated in finding and correcting nerve interference problems that will restore the brain-body communication so the body will heal itself. A medical doctor is trained to use pharmacy and surgery to regulate the symptoms and systems to steer the body away from further sickness and towards healing. The goal to restore the patient to good health is still the same, but the techniques and philosophy of practice are different.

Is Chiropractic for Everyone?

Usually chiropractors were sought to help with back pain, stiff necks, and sometimes unresolved headaches. Chiropractors are actually nervous system analysts, and the spine happens to be the superhighway for nerve communication and the site of most signal flow problems. Nerves go everywhere and can affect almost anything. Bad posture, poor body mechanics, repetitive motion, falls, accidents, and illnesses can interrupt proper brain-body communication and cause many symptoms and ailments. A chiropractor is trained to look for spinal misalignments and nerve interference and correct them with specific spinal adjustments to restore proper brain-body communication.

Since the nervous system is the computer of the body, a chiropractor is trained to use that system to find the cause of the problem and symptoms and help the body heal itself by removing the nerve signal interference. No matter how great or small the malfunction, if there is a problem with brain-body communication, healing will be a problem.

One goes to the dentist for proper oral hygiene. You would go to a service center to have your car's computer checked if warning lights came on. It only makes sense that one should go to a chiropractor for spinal alignment and nerve communication check-ups. Staying ahead of it is better than paying for it later.

WHO DO YOU KNOW WHO MAY HAVE HEALTH ISSUES WITH...

Addictions	Congestion	Heartburn	Osteoporosis
Allergies	Constipation	Hiatal hernia	PMS
Asthma	Cramps	Hip/ leg /foot pain	Pregnancy
Back pain	Dehydration	Hot flashes	Rashes
Bedwetting	Depression	Impotency / Infertility	Runny nose
Bulging discs	Diarrhea	Indigestion	Scoliosis
Bunions	Dizziness	Insomnia	Sinus problems
Calcium deficiency	Ear pain	Irritable Bowel Syndrome	Slipped disc
Carpal Tunnel Syndrome	Emotional trauma	Joint pain	Sprain/Strains
Charley horses	Fibromyalgia	Menstrual cycle	Stress
Chronic fatigue	Food allergies	Muscle Spasms	Weight Control
Chronic illness	Hand pain	Neck pain	Whiplash
Colic	Headaches	Nerve damage	...AND MORE!

Most Insurance Plans
Worker's Compensation
Personal Injury
Major Credit Cards
Checks / Cash
Accepted

THE GREATEST GIFT YOU CAN GIVE YOURSELF AND OTHERS IS GOOD HEALTH

Call today for an appointment or a free consult!

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